

A Guarango and TAI production

Cooking up Dreams

("De Ollas y Sueños")

A REVOLUTION FROM THE KITCHENS OF PERU



A documentary by
Ernesto Cabellos Damián



"WONDERFUL"

Ferran Adrià,
elBulli Restaurant, SPAIN

"DELICIOUS REFLECTION"

Diego Salazar,
El Comercio newspaper, PERU

"BEAUTIFUL FILM"

Nicholas Gill,
New World Review, USA



TELEVISÃO AMÉRICA LATINA PRESENTS A GUARANGO PRODUCTION "DE OLLAS Y SUEÑOS" ["COOKING UP DREAMS"]

FILMED AND DIRECTED BY ERNESTO CABELLOS PRODUCED BY ERNESTO AND RICARDO CABELLOS · SUSANA ARAUJO MARTÍNEZ · MALÚ VIANA BATISTA
EDITED BY ANTOLÍN PRIETO · LESSANDRO SÓCRATES SOUND DESIGN JOSÉ BALADO ORIGINAL MUSIC MARTÍN CHOY-YIN ASSISTANT DIRECTOR MALÚ CABELLOS
COORDINATING PRODUCERS VERÓNICA PÉREZ · CECILIA ARAUJO · RAFAEL CABELLOS · JULIO CÉSAR CASTRO SOUND ENGINEER AND MIXER TAKUO SHIMA
POST-PRODUCTION WILMER RUÍZ ADMINISTRATION ANA COLLANTES ASSISTANT JUAN PABLO SOTO WEB AND GRAPHIC DESIGN RUDI QUIROZ GUILLEN

www.guarango.org/dols

Cooking up Dreams

De Ollas y Sueños A documentary by Ernesto Cabellos Damián

SYNOPSIS

Can an entire nation be represented by its cuisine? This documentary journeys to the kitchens of Peru's coast, highlands and jungle, as well as Peruvian expat communities in Paris, London, Amsterdam and New York for answers.

From the most humble family kitchens to the poshest restaurants, from stories of pioneering Peruvian chefs abroad to those who preserve ancient recipes at home, we find that Peru's cuisine is a deliciously integrating for its people, who have historically been marked by ethnic and economic differences.

Renowned chefs such as Gastón Acurio, Ferran Adrià, Juan Mari Arzak and Bernardo Roca Rey share their views on Peru's cuisine alongside those unsung chefs, who also dream of Peru's cuisine as a motor of development.

AWARDS AND DISTINCTIONS

- Best Documentary Aguerre Award. 1st. Culinary International Film Festival Ciudad de la Laguna, CineEsCena, Tenerife, Spain, 2011.
- Audience Award. 11th Filmar en América Latina, Geneva, Switzerland, 2009.
- Diploma of Honor. 38 Festival of Nations, Ebensee, Austria. 2010.
- Inaugural Film. 13th Latin American Film Festival in Lima. Peru, 2009.

REVIEWS

“You’ve made a wonderful film. Congratulations”

Ferran Adrià, elBulli restaurant – Spain.

“Delicious reflection”

Diego Salazar, El Comercio newspaper – Peru.

“Beautiful film”

Nicholas Gill, New World Review – USA.

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DOCUMENTARY QUOTES

"Fusion is now a global trend and there is Peruvian cuisine, which has been mixing cultures in a very balanced way for 500 years. That's what's magical, that's what makes our cuisine attractive."

Gastón Acurio, Chef and entrepreneur, leader in Peruvian gastronomy.



"I think that we all have a mission, an important mission that we have deep in our hearts, that is giving the world our cuisine."

Raquel Ramírez, student of Pachacútec Cooking School.



"Chefs don't just cook for the rich, we also cook for the poor."

Javier Wong, Peruvian chef.



"We're trying to rescue our culinary heritage, which is part of our culture and is what today identifies the Peruvian people more than anything."

Bernardo Roca Rey, Peruvian chef in Lima, creator of novoandina cuisine.



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"We travel along the spine of the Andes, to the origin of this underground treasure: the potato, a tuber first cultivated 8,000 years ago by ancient Andean communities."

DIRECTOR'S NOTE

"It's always intrigued me that with all the differences you can find in a country, there's one place where the whole nation feels in total harmony. In my country, Peru, it's not soccer, or music, let alone politics. That place is the kitchen.

Throughout centuries of racial and ethnic mixing of encounters and lost connections, Peruvian cooking has become delectably integrating. In the kitchen, flavors, aromas and colors fight, negotiate and make peace with one another. Each one searches for its place and lives alongside the others.

This documentary is an exploration to a place where all of one nation's peoples are represented. Where poor and rich people share the same spirit."

Ernesto Cabellos

Director

filmsperu@gmail.com

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TECHNICAL DETAILS

Genre	: Documentary
Original language	: Spanish
Available languages	: English and French (Subtitled). Quechua (Dubbing).
Original video format	: HDV NTSC 16:9 / Color
Screening format	: HDV, HDCAM, DigiBeta, DVCAM, MiniDV, Blu-ray, DVD. NTSC y PAL
Sound	: Stereo
Length	: 75 and 53 minutes
Date of production	: October 2009
Production countries	: Peru – Brazil

CONTACT

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<http://youtu.be/xvkGPjNOFbA>

Guarango Film & Video

785 Cayetano Heredia Street, Interior 2, Jesús María

Lima 11, PERU.

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SELECTED LIST OF FESTIVALS (In competition *)



- 13th Lima Latin American Film Festival, Lima, Peru. August 2009.



INAUGURAL FILM 2009



- 54th Valladolid International Film Festival - SEMINCI, * Valladolid, Spain. October 2009.



- 24th Trieste Latin American Film Festival, * Trieste, Italy. November 2009.



- 11th Filmar en América Latina Film Festival, Geneva, Switzerland. November 2009.



AUDIENCE AWARD
FESTIVAL FILMAR EN
AMÉRICA LATINA
2009
GENEVA



- 50th Cartagena de Indias International Film Festival, Cartagena, Colombia. March 2010.



- 13th Cine Las Americas Film Festival, Austin, Texas, USA. April 2010.



- 26th Chicago Latino Film Festival, * Chicago, USA. April 2010.



- 6th Aljazeera International Documentary Film Festival, * Dubai, Qatar. April 2010.



- 17th Hot Docs Canadian International Documentary Film Festival, Toronto, Canada. May 2010.



- 17th Cinesul Festival Ibero-Americano de Cinema e Vídeo, * Rio de Janeiro, Brazil. June 2010.



- 38th Festival of Nations, * Ebensee, Austria. June 2010.



DIPLOMA OF HONOR



- 1st Culinary International Film Festival, CineEsCena, * Tenerife, Spain. March 2011.



BEST DOCUMENTARY
AGÜERE AWARD



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BIOFILMOGRAPHY OF THE DIRECTOR

Ernesto Cabellos was born in Lima in 1968. In 1994, he founded Guarango, a non-profit association production house for development-oriented audio-visual projects. Director and producer of feature-length documentaries on to environmental conflicts in his country, such as the internationally-lauded “Choropampa: The Price of Gold” (2002) and “Tambogrande: Mangos, Murder and Mining” (2007). Cabellos now presents “Cooking Up Dreams” (2009), his third feature documentary, a film that explores a point of convergence in his home country: Peruvian cuisine. Cabellos is also working on a series of documentary shorts on the political violence in Peru from 1980-2000 in which close to 70,000 people were killed.



Ernesto Cabellos, director and producer of “Cooking Up Dreams” filming in Madrid Fusión 2009, Spain.

PRODUCTION COMPANY: GUARANGO ASSOCIATION

The Guarango Association is an award-winning film and television production company based in Lima, Peru. With 17 years of experience, Guarango has produced many films including two feature-length documentaries with more than 30 international awards: “Choropampa, The Price of Gold” (2002) and “Tambogrande: Mangos, Murder, Mining” (2007). Guarango Association also offers its services to private and public institutions, international production companies and broadcasters as BBC World, Discovery Channel and Travel Channel.

www.guarango.org

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CREDITS

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ERNESTO CABELLOS DAMIÁN

Executive Producers

ERNESTO CABELLOS

RICARDO CABELLOS

SUSANA ARAUJO

MALU VIANA BATISTA

Editors

ANTOLIN PRIETO

LESSANDRO SÓCRATES

Sound Design

JOSÉ BALADO

Original Music

MARTIN CHOY-YIN

Production Coordinators

VERÓNICA PÉREZ

CECÍLIA ARAÚJO

RAFAEL CABELLOS

JULIO CÉSAR CASTRO

ALETHEA SILVESTRE

Sound Studio

AUDIOLAB STUDIOS

CREADIO

Sound Recording

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SUSANA ARAUJO

HUGO CARMONA

ANTOLIN PRIETO

RICARDO CABELLOS

MATIAS VEGA

VASCO PIMENTEL

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MALÚ CABELLOS

VERÓNICA PÉREZ

KATJA EULENBERG

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WILMER RUIZ

RICARDO CABELLOS

Digitalization

LUIS VALCÁRCEL

English Translation

LESLIE JOSEPHS

French Translation

SOPHIE FRESNAU

Quecha Dubbing

AMIEL CAYO

VILMA SOTOMAYOR

Graphic Design and Webmaster

RUDI QUIROZ

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Peruvian chefs Teresa Izquierdo, Gastón Acurio and Héctor Solís in a animated conversation about flavors, textures and their role in society.

CONTACT

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